Emergency information card

US emergency: 911 · Poison Control: 1-800-222-1222
Elsewhere, use local numbers. Do not delay emergency care to find this card.

Baby’s full name	Date of birth
Allergies / medical conditions	Medicines / clinician instructions
Pediatrician / phone	After-hours phone
Primary caregiver / phone	Emergency contact / phone
Backup caregiver / phone	Nearest emergency department / address
Insurance provider / policy number	Last updated / important notes

Get help without waiting

Call 911 for severe breathing trouble, blue/gray lips, unresponsiveness, seizure or severe choking. Under 3 months with rectal temperature ≥100.4°F (38°C): seek immediate medical assessment. For other concerning symptoms, call your clinician promptly.

Keep this copy private and up to date. Fill in details by hand; no sample baby information is included. This card is not legal consent or a substitute for professional care.